

What you should know about functional natural medicine.



For decades, Americans have increasingly turned to “alternative” forms of medicine and natural treatments. They have sought help for all kinds of diseases and conditions that were not helped by traditional Western medicine, which is often characterized by surgery and narcotics.

Functional medicine does not rely only on invasive procedures or drugs. It combines modern science with ancient healing wisdom from different parts of the world, including traditional Chinese medicine (TCM). The integrative approach has helped many people living with chronic or life-threatening illness change their lives. Functional medicine also helps people who simply want to increase self-awareness and wellness and avoid health problems.

Natural integration.

At Lemire Clinic, we combine various natural therapies with safe, proven medical treatment to help remove stress, reduce pain and anxiety, manage symptoms and promote well-being.

Physician-assisted heavy-metal detoxification (chelation therapy) – EDTA (ethylene diamine tetraacetic acid) is a synthetic amino acid that has the ability to attach itself to metals and minerals, forming a bond called a chelate. Heavy metals have a greater affinity for EDTA and form strong bonds, which permit the metals to be bound-up and eliminated from the body.

Bio-identical hormone replacement therapy – Most menopausal women in the United States are unaware of bio-identical hormone replacement therapy (BHRT). BHRT is derived from soybeans and wild yams. The word “natural” or “bio-identical” refers to the structure of the hormone, not its source. BHRT is minimally altered to match the structure and mimic the function of human hormones. As such, it produces significantly fewer side effects.

Ionic foot bath detoxification therapy – Assists in restoring energy and facilitating removal of toxins through the skin, which is the second-largest

detoxifying system in our body.

Homotoxicology – Most illness comes from invasion of the body by foreign toxins (e.g. bacteria, virus, chemical pollutants, heavy-metal toxins, etc.). Homotoxicology treatment is designed to address the original cause of the illness rather than just the symptoms.

Bioenergetics – Loosely defined to include a number of different “energy medicine” and “hands-on” modalities that assist people toward optimal health and well-being.

Electrical dermal screening – If there is anything wrong with the circuitry or parts of a machine, it will not function properly. The human body is similar. A problem with the meridians or the organs they are wired to causes the body to malfunction. Our computerized BioMeridian™ system with MSA-21 technology tests the health of individual meridians and the organs they are “wired” to. It tells us how individual systems are functioning.

Hydrogen peroxide therapy – Used by your body’s immune system to destroy foreign substances. It has been used as an oxidative therapy by doctors all over the world for over a century to treat various diseases.

Colon hydrotherapy – Uses filtered, temperature-controlled water for inner cleansing of the entire colon – the large intestine.

Prolotherapy – Prolotherapy is a therapeutic treatment for pain and joint instability. This basic science of healing and repair has over 50 years of research behind it. It stimulates the body’s healing system to produce new connective tissue.

Using these non-traditional pain management techniques and detoxification therapies, we can cleanse the body of chemical, heavy-metal and environmental toxins. We have successfully reduced pain and symptoms and improved the overall condition for many patients.

And if previous treatments have produced



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